

Kathleen M. Kniepmann

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1. Personal Information:

- a. Sex Female
- b. Place of Birth Belleville, Illinois

2. Citizenship: USA Other

3. Address and Telephone Numbers:

Office

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4. Present Position:

Assistant Professor in Occupational Therapy & Neurology
Washington University in St. Louis
St. Louis, MO

5. Education:

- 1975 Bachelor of Arts in English Literature
Bachelor of Science in Occupational Therapy, Washington University
St. Louis, MO
- 1980 Master of Education (Ed.M.), Harvard University
Cambridge, MA.
- 1981 Master of Public Health (M.P.H.), Harvard University
Cambridge, MA.
- 2008 Doctorate in Occupational Therapy (O.T.D.), Washington University
School of Medicine, St. Louis, MO

6. Academic Positions / Employment:

- 1974 Activity Therapist - Children's Psychiatric Hospital
University of Michigan, Ann Arbor, MI.
- 1974-79 Assistant Director of Occupational Therapy and Home Care Therapist
The Jewish Hospital, St. Louis, MO.

- 1981-82 Research Assistant
Department of Social Medicine & Health Policy
Harvard Medical School, Division on Aging, Boston, MA.
- 192-1983 Project Coordinator
Department of Social Medicine & Health Policy
Harvard Medical School, Division on Aging, Boston, MA.
- 1983-1992 Coordinator of Health Education & Patient Information
Developed new position
Harvard University, Cambridge, MA.
- 1984-92 Co-instructor, Course Assistant and Guest Lecturer
Harvard University, Cambridge, MA.
- 1992-2014 Instructor in Occupational Therapy
Washington University in St. Louis - School of Medicine
- 1996-2007 Coordinator of Student Activities, Program in Occupational Therapy
Washington University in St. Louis- School of Medicine
- 2006-2014 Instructor in Neurology
Washington University in St. Louis - School of Medicine

7. University and Hospital Appointments and Committees:

- 1986-89 1990's Objectives for College Health - Harvard representative
National Task Force for Healthy People 2000
- 1986-92 Harvard AIDS Education steering committee
- 1987- 92 Harvard representative to Ivy League Council of Presidents
--Task Force on Alcohol & Other Drugs
- 1989-92 Harvard University Committee on Alcohol & other drugs, Co-chair
- 1989-92 Harvard International Student Health Committee, Co-chair
- 1990-92 Interdepartmental Communications Committee, Co-chair
- 1990-92 Health Self Management Committee - Harvard University
- 1993-^{present} Committee on Academic Evaluation of Students—*then*
Committee on Academic & Professional Evaluation of Students
- 1993-2004 MSOT Curriculum Committee
- 1995-2002 Problem Based Learning Committee
- 1997-2010 Admissions committee

- 2002-2006 Administrative Council, Program in Occupational Therapy
- 2002- present Chancellor's committee:
University Policy & Practice Affecting Students with Disabilities
- 2003- present Faculty Associate for the South 40 Residential Colleges
and Freshman Reading Program
- 2009- present Institute for Public Health Scholar
- 2009-2013 Faculty / Staff Board for Dance Marathon
- 2012- present Pre Health Advisor
- 2015-2016 Diversity and Inclusion committee, Co-chair
Program in Occupational Therapy
- 201-2016 Community Engagement Committee, Program in Occupational Therapy

8. Medical Licensure and Board Certification:

- Certified by the National Board of Certification for Occupational Therapy
- Licensed Occupational Therapist in Missouri: OC# 002177
- Certified Health Education Specialist (CHES)

9. Military Service

none

10. Honors and Awards

- 1981 Class Marshall, Harvard School of Public Health
- 1981 John Eliot Thayer Scholar award - Harvard School of Public Health
- 1995 Honorary member of Pi Theta Epsilon, national OT honor society
- 2003 *Innovative Educator* award from Washington University undergraduates
- 2007 *Educational Excellence* award from graduating class of Occupational Therapy
students at Washington University
- 2011 *Outstanding Faculty* award "Women in the Greek Community"
- 2012 *Outstanding Faculty* award- Women's Panhellenic Association
- 2013 *Outstanding Faculty* award- Women's Panhellenic Association
- 2015 Graduation speaker- Washington University in St. Louis – Program in
Occupational Therapy, selected by student body

11. Editorial Responsibilities:

- 2014 - present Reviewer for *British Journal of Occupational Therapy*
- 2015 - present Reviewer for *Topics in Stroke Rehabilitation*
- 2016 - present Reviewer for *Disability and Rehabilitation*

12. Professional Societies and Organizations:

1975- present	American Occupational Therapy Association- member
1984- 1992	Secretary & Newsletter Editor American College Health Association
1988- 1992	Massachusetts Public Health Association -Member
1988- present	Society for Public Health Education -Member
1985- present	American Public Health Association -Member
1995- 1997	Vice President & Co-founder Missouri Rural Health Association
1998- present	Missouri Occupational Therapy Association -Member
2013- present	Member, American Congress of Rehabilitation Medicine Living Life After Young Stroke -- Task Force Co-Chair
2014- present	American Congress of Rehabilitation Medicine International Task Force on Stroke & Community Reintegration

13. Major Invited Professorships and Lectureships:

1995	Charter ceremony speaker, St. Louis University chapter Pi Theta Epsilon
2001	Hong Kong Polytechnic University

14. Consulting Relationships and Board Memberships:

1986- 1992	Health Education Consultant- high schools & colleges including Babson College, Boston University, Lesley College, Massachusetts Institute of Technology
1996- 1998	Board of Directors Aid for Victims of Crime
1992- 1994	Consultant and educator Saturday School Youth Enrichment program
1994- present	Harvard Club of St. Louis- Board of Directors intermittently, Event coordinator, Community Service Chair
1994- 1996	Co-founder & Board Member Missouri Rural Health Association
1999-present	Consultant & Subject Matter Expert National Multiple Sclerosis Society
2007-2008	Ad Hoc panel on Health Promotion & Wellness American Occupational Therapy Association
2013-2014	Silver Screen Film Committee, Maturity & the Muse
2015-2016	Board of Directors Program Planning Committee Memory Care Home Solutions

15. Research Support

Governmental

1982-1983: Project Coordinator. Identifying Health & Social Service Needs of Retired Harvard Faculty & Staff. Funded by Harvard University President's Fund and the Cabot Fund. Larry Branch, Ph.D., Principal Investigator.

1998-1999 Investigator- Mobility, Disabilities, Participation and Environment Funded by Centers for Disease Control and Prevention (R04/CCR714134) (5 %). David Gray, PhD, Principal Investigator

2000-2002 Investigator, Introduction to a Multidisciplinary Approach to Primary Care. Funded by Fund for the Improvement of Post-Secondary Education (5%) (Yoon Kang, MD, Principal Investigator)

Non-governmental

1997-2000 Investigator. Promoting Wellness for Individuals with Spinal Cord Injury Secondary to Multiple Sclerosis. Funded by Paralyzed Veterans of America and Gateway Chapter of National Multiple Sclerosis Society. (5%) Peggy Neufeld, MA, Principal Investigator

16. Patents None

17. Clinical Titles and Responsibilities -- n/a

18. Teaching Titles / Responsibilities – courses:

1984-1991 Health Care in the United States, seminar co-instructor

1993-1996 Area Specialization in Occupational Therapy, section co-leader

1993-1997 Special Topics Seminars, Coordinator for 8 to 16 courses each spring
Instructor for 7 courses

1993-1996 Concepts and Practice of Teaching, coursemaster

1995 Task-oriented Groups course- Group Dynamics section leader

1995-2002 Problem Based Learning tutor for Occupational Therapy Practice,
Fall & Spring semesters each academic year

1996-1998 Issues of Disability in Society, undergraduate and Social Work course
Co-coursemaster with Dr. David Gray

1997 Level I Fieldwork supervision

1997 -2003 Education & Health: Foundations for Community Practice, coursemaster

1996 to 2007 Community Service Assistantship- Disability Awareness through Service Learning

1999 - 2004 Occupational Therapy: Promoting Meaning & Quality of Life
undergraduate seminar- offered every Fall & Spring semester

2001- 2007	Guest instructor for The Practice of Medicine, WUSM-I
2002- present	Images of Disability: Portrayal in Film & Literature undergraduate seminar- every Fall & Spring semester
2004-2006	Health Promotion, Prevention & Community Education, coursemaster
2005-present	Disability, Quality of Life & Community Responsibility coursemaster undergraduate seminar- offered every Fall & Spring semester
2009- present	Applied Clinical Research – coursemaster - Summer, Fall, & Spring semesters
2009- present	Theory and Foundations for OT Practice, co-coursemaster
2009- 2013	Evaluation: Tools & Process for Measuring Occupational Performance Guest lecturer
2010- 2011	Community Health & Occupational Therapy, guest presenter & group mentor
2013- 2014	Applied Clinical Practice, Coursemaster, 4 semester sequence
2013-present	Introduction to Health Professions, coordinator/ instructor/ guest lecturer
2013-present	Community Health Education module leader for OT 5380: Health Promotion, Participation and Wellness for Persons with Chronic Disease

Masters projects, Program in Occupational Therapy

1994	Flanagan, Joanne	OT Roles for Violence Prevention with Children
	Enlund, Angela	Ethical Issues in Health Care of the Geriatric Population
1995	Bloome, Catherine	The Role of OT in Violence Prevention Programming
	Wente, Tonya	Parenting Skills and Violence Prevention
	Beisner, Katie	OT and Parenting Education
	Hotz, Marcy	Occupational Therapy in Pediatric Lead Exposure Prevention
	Hollingshad, Rhonda	Telecommunication & Computer Technology in Rural OT
	Mestres, Marlene	Conceptualizing the Essential Skills & Characteristics of Rural Practice
1996	Baucher, Tina C.	Rural OT and Professional Isolation: Filling the Gap
	Wehking, Stacy	OT Awareness of Elder Abuse
	Terbeest, Marcia	Introductory Resource Guide for OTs Working with Farmers
	Klepzig, Sherri	Physician Referral Patterns in Relation to OT
1997	Sambrook, Jennifer	Disability and Culture: Expanding OT's Client-Centered Model to Uphold Native American Beliefs

	Suga, Yuko Prosperi, Christine Coles, Heather	These three students worked together on Training the Trainer Wellness Programs for Individuals with Multiple Sclerosis
1998	Close, Jamie	Day Care Study: Social Development & Youth Enrichment-Prosocial Play
	Hughes, Dana	Day Care Study: Social Development & Youth Enrichment Communication Skills
1999	Hilsendeger, Dan	Childhood Injury Prevention through Parent Education
	Jerdee, Kimberly	Parenting Education for Child Safety in the Home
	Rubezhin, Marina	Spirituality Related Occupations
2000	Haines, Lynn	Increasing Parental Knowledge and Practices for Pediatric Injury Prevention
	Hull, Jessica	Child Safety At Home: Developing An Injury Prevention Program for St. Louis Communities
2003	Wong, Edith	The Effects Of Comprehensive Violence Prevention Programs for Children
	Leon, Megan	Preventing Behavior Disorders Through Preschool Interventions
2006	Kinsinger, Emily	Girls On The Run: Effects of a Physical Activity Program on Self-Concept and Participation
2010	Brooks, Allison	Caregiving for Spouses or Partners with Aphasia: Participation, Communication, and Quality of Life
	Davidson, Ashley	Religion and Spirituality among Caregivers of Those Who Have Had a Stroke: Influences on Health and Quality of Life
	Platt, Ashlea	Support Group Participation for Family Caregivers of Stroke Survivors
2011	Frankel, Ann (Fuller)	Spirituality and Activity Participation in Family Caregivers of Individuals Post-Stroke
	Paka, Shalini	Family Caregivers for Survivors of Stroke: Changes in Leisure
2012	Burchinow, Ally	Family Caregivers for Relatives with Stroke: Spirituality and Participation
	Harlacker, Molly	Caregiving for Survivors of Stroke with Aphasia: Does Ethnicity Matter
	Kaplan, Jamie	Occupational Changes of Male Caregivers for Wives who have Strokes with Aphasia

- 2013 Charvat, Amy Co-Occupational Changes among Family Caregivers for People with Stroke
- Hardney, Kandice Social and Leisure Changes in Caregivers for Relatives with Stroke
- Kiermaier, Katelyn Caregivers of Partners with Stroke: Changes in Intimacy
- Kim, Christine Occupational Additions of Family Caregivers for Relatives with Stroke
- Ryan, Erin Experiences and Concerns of Male Caregivers for Spouses with Stroke
- 2014 Cross, Jillyn Family Caregiving after Stroke: Skills Training for Safety
- Downey, Emily Stress in Caregivers of Relatives with Stroke
- Colwell, Sarah Development of a Home Modification Education Tool for Caregivers of Relatives with Memory Impairments
- Pluta, Carolyn Hospital Readmission: An Occupational Therapy Perspective
- 2014 Micari, Amanda Discharge Education for Family Caregivers of People with Stroke- Practices & Perspectives of Occupational Therapists
- Raymond, Beth Staying Connected after Stroke: The Caregiver's Perspective
- 2015- Andrade, Tania Intimacy & Sexuality: Information for Couples Post-stroke
- Brown, Micah Information Needs of Families with Stroke
- Medley, Caitlin Occupational Therapy & Discharge Education for Families with Stroke
- Pesch, Elizabeth Changes in Intimacy & Sexuality post stroke: Caregiver perspectives

Undergraduate honors project advising

- 2007 Honors Thesis reader/ advisor, International & Area Studies department
Trina Ueno *Disability in Japanese Arts and Media - Changing Perspectives*
awarded Cum Laude
- 2009 Honors Thesis reader/ advisor, American Culture Studies department
Meredith Rettner *American Misconceptions: Biased Depictions in Mass Media*
awarded Summa Cum Laude & Lynn Cooper Harvey Distinguished Fellow

19. Bibliography

a. Peer Reviewed Publications

1. Branch LG, Katz S, Kniepmann K, Papsidero JA. A prospective study of functional status among community elders. *American Journal of Public Health* 1984; 74: 266–268
2. Hotz M, Kniepmann K, Kohn L. Occupational therapy in pediatric lead exposure prevention. *American Journal of Occupational Therapy* 1998; 52: 53-59.
3. Neufeld P, Kniepmann K. Gateway to Wellness: An Occupational Therapy Collaboration with the National Multiple Sclerosis Society. *Occupational Therapy in Health Care* 2001; 13: 67-84.
4. Kniepmann K. Female family carers for survivors of stroke: Occupational Loss and quality of life. *British Journal of Occupational Therapy* 2012; 75(5) 208-216.
5. Kniepmann K., Cupler M.H. (2014). Occupational changes in caregivers for spouses with stroke and aphasia. *British Journal of Occupational Therapy*, 77(1): 10-18.
6. Kniepmann K. (2014). Family caregiving for husbands with stroke: an occupational perspective on leisure in the stress process. *OTJR: Occupation, Participation and Health*, 34(3): 131-140.
7. Kniepmann K. (submission June 2016). Stroke in the family: Changes in participation and occupational identity of Caregivers. *Journal of Occupational Science*.
8. Kniepmann K. (submission by August, 2016). Bridges of faith: Clergy contributions and perspectives on family caregivers. *Journal of Religion and Health*.

b. Invited Publications (*partial listing*)

1. Kniepmann K, AIDS education on the college campus. American College Health Association booklet. 1985.
2. Kniepmann K. Beyond Hola and Si' - for Adelante, newsletter for the national network of Hispanic and Latino occupational therapists. 1996.
3. Kniepmann K. Prevention of disability and maintenance of health. In Christiansen CH & Baum CM (Eds.), *Occupational Therapy: Enabling Function & Well-being*. 2nd edition 1997: 531-555. Thorofare, NJ: SLACK Incorporated.
4. Kniepmann K. Stress management – Finding ways to relax. Gateway to Wellness Participant's Workbook 1998.
5. Neufeld P, Kniepmann K. Master Training Manual for Gateway to Wellness Program. 2000.
6. Kniepmann K. Instructions on teaching about stress management. Leader's Training Manual for Gateway to Wellness. 2000.
7. Kniepmann K: Tips for managing group dynamics. Leader's Training Manual for Gateway to Wellness. 2000.

8. Kniepmann K, Stewart D. Occupation-based practice- Putting it all together (part II). In C Baum & M Law (Eds.), Occupation Based Practice: Fostering Performance & Participation. 2001: Thorofare, NJ: SLACK Incorporated.
9. Klocke A, Kniepmann K. Injury Free St. Louis- Home Safety 2002: Robert Wood Johnson manual on child safety.
10. Kniepmann K. OTD pioneers- forging expanded horizons. 2003: OT Advance.
Neufeld P, Kniepmann K: Developing wellness and self-management programs for persons with chronic disabling conditions. 2003: OT Practice
11. Kniepmann K. Teaching for social change. In L Ben Moshe (Ed.), Creating Pedagogical Curb Cuts: Incorporating Disability in the University Classroom and Curriculum 2005: Syracuse, NY, Graduate School, Syracuse University.

c. Movies, videotapes, etc.

1. Kniepmann K. Alcohol, drug education for and athletes at Harvard. National Collegiate Athletic Association Videotape. 1988.
2. Kniepmann K. Achieving Optimal Wellness. Online course - National Multiple Sclerosis Society. 2009.